

PAN-AFRICAN SOLIDARITY CAMPAIGNS  
AGAINST COVID-19

AFRICANS RISING  
*FOR JUSTICE PEACE AND DIGNITY*

***#25MAY2020***

***#RISE4OURLIVES***

***ACTIONS GUIDE***

[engagement@africans-rising.org](mailto:engagement@africans-rising.org)

# #25May2020

Host a Twitter or Facebook chat about Covid-19 responses and challenges with friends and comrades and use the hashtags  
#Rise4OurLives  
#25May2020  
#AfricansRising

# #Rise4OurLives

Social Media Chat



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# #25May2020

# #Rise4OurLives



Take a picture of yourself wearing red-coloured clothes to honour the lives lost to Covid-19 and share a message on why you are wearing red in response to Covid-19

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# *#25May2020* *#Rise4OurLives*

Take a photo that captures  
your actions responding to  
Covid-19 in your community  
and post it to social media  
using the hashtags  
**#Rise4OurLives**  
**#COVID19**  
**#AfricansRising**  
**#25May2020**



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#25May2020  
#Rise4OurLives



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Post on social media or call a  
policy maker to demand  
what you want to see  
addressed about the  
pandemic now. Share your  
experience with AR on social  
media and by emailing  
[engagement@africans-rising.org](mailto:engagement@africans-rising.org)



# #25May2020 #Rise4OurLives

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Turn off the lights at home between 7:00pm to 8:00pm (local time) showcasing how dark the world is going in search of a cure for Coronavirus. Take a photo of this and share the experience on social media.

#Rise4OurLives

#AfricansRising

#25May2020







Senegalese artist

*#25May2020*  
*#Rise4OurLives*

**Paint a mural on your street to educate your community about Covid-19. Take a photo of this and share it on social media using the hashtags *#Rise4OurLives* *#COVID19* *#AfricansRising* *#25May2020***



Undergraff, Senegal

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